

News & views

Cancer neuroscience

How thought itself can drive tumour growth

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Tumour cells can form connections with neurons in the brain. Examination of a variety of types of evidence concerning human brain cancer sheds light on how these tumour–neuron interactions affect cognition and survival times.

Few effective treatments are available for a common and universally fatal type of adult brain tumour called a malignant glioma. Although these tumours exist exclusively in the central nervous system, the interactions between malignant glioma cells and the 86 billion neurons in the human brain are poorly understood. This is particularly relevant because most people with the disease develop progressive cognitive decline that robs them of quality of life during their final months¹. Writing in *Nature*, Krishna *et al.*² show that malignant gliomas can grow by modifying brain circuitry, thus taking cognitive function away from their host and ultimately leading to death. These insights might lead to fundamentally new approaches to glioma treatment and provide a means of limiting cognitive decline in affected individuals.

The human brain is a complex system that involves highly coordinated interactions

between large-scale specialized groups of neurons called neural networks. The dynamic and malleable nature of these networks, a feature often referred to as neuroplasticity, forms the basis for development and learning³ and also serves other functions, including recovery from brain injury. The most basic unit of neuroplasticity is the point of contact between two neurons – and this connecting structure, called a synapse, allows information to propagate inside the brain and to the rest of the body. All human thoughts, actions, emotions and memories exist in a meshwork of electrochemical signals mediated by the synapse.

Before the presentation of this work by Krishna and colleagues, it was widely thought that gliomas compromise neurological and cognitive function in one of a few ways: by infiltrating and affecting brain tissue; by compressing adjacent tissue; by inducing swelling around the tumour⁴; or potentially by

competing for blood supply through ‘vascular steal’ (Fig. 1). The authors now reveal a previously unknown mechanism, in which gliomas modify brain circuitry to meet their own needs – by hijacking neuroplasticity through synaptic remodelling and thereby actively altering the architecture of the brain. The ability to capitalize on this induced neuroplasticity enables gliomas to receive extra neuronal signalling and to proliferate.

A compelling body of work has demonstrated that neurological activity can enable gliomas to grow. It was previously reported that working synapses (those that are electrophysiologically functional) form between neurons and gliomas⁵. Depolarizing currents, which are the fundamental foundations of neuronal activation and information flow in the brain, promote robust glioma proliferation⁵. Neuronal activity in the visual pathways seems to promote tumour growth (tumorigenesis) in the setting of the disease neurofibromatosis⁶. Krishna and colleagues’ work indicates that conscious thought, and the activity of the mind itself through speech mechanisms, also seems to promote tumorigenesis, demonstrating an unexpected connection between the brain and the mind. The mechanisms by which these tumours engage with neuronal circuits to promote synaptic plasticity are explored by Krishna and colleagues.

The authors began these studies showing that gliomas infiltrating the brain hijack network plasticity and use voluntary mental activity to grow. This was demonstrated during language tasks in which people who were awake during brain surgery were asked to name items in pictures, and their brain-surface activity was recorded during the surgery.



Figure 1 | Models for cognitive problems associated with brain tumours. The human brain contains regions that are important for language processing, such as an area on the left side of the brain. **a–d**, Various models have been proposed to explain neurological deficits in people with brain tumours. The tumour might invade or compress tissues, cause swelling in adjacent tissues or reroute blood supply to the tumour. **e**, Krishna *et al.*² provide evidence for a model in which brain tumours cause cognitive decline by modifying the neuronal circuitry of

the brain. Tumours can form connections called synapses with neurons, and these connections can boost tumour growth when the neurons are actively signalling⁵. The authors report that activity in regions of the brain involved in a language task also drove activity in tumour-associated regions that do not normally function in language processing. High functional connectivity associated with neuronal signalling in tumours predicts aggressive tumour behaviour, cognitive decline and poor survival.

Tumour-infiltrated brain regions that were distant from recognized language areas and presumably regions normally uninvolved in language networks nevertheless demonstrated task-related increases in brain activity. This parasitized plasticity offered no extra computational power to distinguish between simple and more complex words.

Carrying out a multiscale analysis that linked synaptic formation to large-scale networks in the brain, the authors used the technique of magnetoencephalography (MEG) to detect small magnetic fields that are generated by the electrical activity of large populations of neurons. Brain regions that show correlated fluctuations in these magnetic fields are said to be functionally connected. The authors evaluated the connectivity of different subregions of gliomas by studying how MEG signals from various regions of tumour-infiltrated brain tissue correlate with other regions of the brain. Parts of tumours were classified as possessing high or low functional connectivity (HFC or LFC).

In HFC regions, genes involved in neural-circuit assembly, including the gene encoding the protein TSP-1, were expressed more highly than usual. TSP-1 is a protein involved in synapse formation and is normally secreted by healthy cells called astrocytes⁷. Regions of the glioma that induced synaptic changes at the molecular level were found to show alterations in their wiring to the entire brain.

To study the formation of synapses in the HFC regions in more detail, Krishna and colleagues performed a set of experiments involving techniques such as the use of 3D cultured cells called organoids that contained tumour cells. Cells from HFC regions of gliomas were found to be better integrated with co-cultured neurons and showed more electrical activity compared with cells from LFC regions. These

findings are relevant for understanding associated symptoms in people who have gliomas. These symptoms can include epileptic seizures, which might be triggered through the action of this emergent subregion of glioma that regulates synapse formation at the cellular level⁸.

Consistent with the authors' hypothesis that TSP-1 has a key role in glioma-mediated synapse formation, the authors report that when TSP-1 was added to LFC regions of gliomas co-cultured with neurons, the organoid model behaviour resembled the behaviour associated with organoids co-cultured with cells from the HFC region of the tumour. Conversely, when the TSP-1 inhibitor gabapentin was added to the co-cultures, glioma proliferation was reduced. Furthermore, glioma-infiltrated brain tissue enriched in TSP-1 formed synapses when grafted into the hippocampal region of the mouse brain *in vivo*.

After exposure to liquid that bathed neural samples (neuronal conditioned medium), HFC glioma cells showed greater invasive properties and developed cellular outgrowths called tumour microtubes that link tumour cells together. These microtubes might amplify the effects of the input currents from neural activity⁵. The implications of these findings are far-reaching, given that microtube-connected glioma cells can evade the cell death that usually arises from radiation therapy⁹.

In mice and humans, the gliomas that were enriched for functional connectivity were associated with poorer survival and with cognitive decline. The study shows that gliomas hijack computational power from the brain by parasitizing neural plasticity, so as to grow at the expense of cognitive function. Cognitive decline in individuals with glioma might therefore be an independent predictor of poor survival¹⁰. This electrical conversation in the

brain between the physiological mind and the tumour is a frankly startling and astounding concept. Through this hijacking, gliomas demonstrate a unique form of plasticity that is perhaps appropriate only for an intrinsic tumour of the mind.

These two ghosts in the machine, the mind and the tumour, whispering to each other in the dark recesses of the brain, engage in a conversation that could be well worth eavesdropping on. Doing so could lead to innovative approaches to improving the lives of people with brain tumours.

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